# The Lewin Fund To Fight Women's Cancers®

presents

# **Own Your** HEALTH **POWER PANEL**

Life is a balancing act. Between work, home and family, it's tough to make your own health a priority. Learn about improved lifestyle and cancer prevention strategies in a talk-show style setting. Bring your questions. Free admission.

When: Sunday, November 12 9:30 am - 12:30 pm

## Where: **Kaplen JCC on the Palisades**

Taub Auditorium 411 East Clinton Ave., Tenafly, NJ

Complimentary childcare, kid-friendly activities, photo booth fun, chair massages, refreshments, giveaways and more!

## **Register today! TheLewinFund.org**



### **Host and Moderator**

Sharyn N. Lewin, MD Medical Director, Gynecologic Oncology

Holy Name Medical Center Teaneck, NJ

### **Featured Guests and Topics**

Jason Konner, MD Chief, Memorial Sloan-Kettering Monmouth Medical Oncology Updates in Gynecologic Cancer Prevention and Treatment

Wendy Hurst, MD Sexual Health, Hormone Replacement Therapy

Dorothy Chae, L.Ac. Ph. D. Acupuncture for Health and Wellness

Debbie Besson, MS, RD, CSO Holy Name Medical Center Nutrition for Health and Wellness

Partnering with





