

# The Lewin Fund<sup>®</sup>

To Fight Women's Cancers, Inc

YES! TO TOMORROW

[thelewinfund.org](http://thelewinfund.org)

322 West 52nd Street  
PO Box 2303  
New York, NY 10101  
Tel. 929-224-2293

THE LEWIN FUND TO FIGHT  
WOMEN'S CANCERS PROUDLY PRESENTS

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**Dr. Sharyn N. Lewin, MD, FACS**

A nationally recognized gynecologic oncologist

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**“ THIS IS WHAT  
I WAS BORN  
TO DO. ”**

From the 3rd grade, I wanted to be a doctor. As a young adult, I became an advocate for women's health care. During my training, I was struck by the incredible women with cancer. My path became clear. I pursued a fellowship at Memorial Sloan-Kettering Cancer Center in Gynecologic Oncology. Once in practice, a grateful patient provided the initial funding to establish a women's cancer foundation. She wanted other women to receive a similar special level of care. She also wanted my work impacting cancer patients' lives to continue. The Lewin Fund was born.

Please visit [thelewinfund.org](https://thelewinfund.org) for more information about me and our mission.

- ✓ Do you know that 1 in 2 women face cancer?
- ✓ Do you know that every 7 minutes a woman is diagnosed with a gynecologic cancer?

At The Lewin Fund, we are dedicated to combating the serious challenges facing these women and their families. Inspired by the vision of a courageous woman who battled gynecologic cancer, our fund is the only nationally recognized public charity for ALL women's cancers in the tristate New York area.

## OUR FUNDED INITIATIVES FALL UNDER THREE PILLARS:

### Quality of Life Improvement

We invest in grassroots programs that directly impact and educate women battling cancer, their families and their communities.

### Preventative Strategies

We educate women, families and communities about cancer prevention and detection through lectures, special events and workshops.

### Innovative Research

We sponsor leading-edge research projects that improve the quality of life for survivors and their families, and bring us closer to finding cures.

At the Lewin Fund, we know that when a woman has cancer, it affects everyone in her world. Though our mission focuses on women's cancers, cancer is not just a woman's issue. It involves families, partners and friends.

**We invite you to get involved and donate to our cause. Learn more about us and share your story.**

Visit our website at [www.thelewinfund.org](http://www.thelewinfund.org)

**JOIN US IN OUR FIGHT!**

### SHARYN N. LEWIN, MD

*PRESIDENT AND EXECUTIVE DIRECTOR OF THE FOUNDATION*

Sharyn N. Lewin, MD, FACS, is a Board Certified Gynecologic Oncologist, specializing in the diagnosis, treatment and management of ovarian, endometrial, uterine, cervical, vulvar and vaginal cancers. Her practice employs a comprehensive, multidisciplinary team approach to screening, treatment and overall improvement in quality of care for women at high risk for ovarian cancer and other gynecologic malignancies.

### ANDREW R. BEN-AMI

*ASSISTANT SECRETARY OF THE FOUNDATION*

Andrew R. Ben-Ami is an attorney who has practiced for 32 years in the area of taxation. He has specialized in advising tax-exempt organizations, and written articles and spoken at conferences on issues for exempt organizations.

### ELLEN KAPITO

*DIRECTOR OF THE FOUNDATION*

Ellen Kapito graduated from the University of Pennsylvania, School of Nursing. She has worked as an oncology nurse for numerous years in a variety of health care settings. Her expertise includes chemotherapy administration as well as medical and surgical oncology and clinical research. She was the Program Coordinator for the Woman to Woman Program at New York Presbyterian Hospital/Columbia University College of Physicians and Surgeons. Woman to Woman is a program that pairs gynecological cancer patients with trained volunteer survivors who provide peer to peer support and mentoring. Woman to Woman also promotes education and self advocacy for women.

### WILLIAM D. LEVY

*DIRECTOR OF THE FOUNDATION*

William D. Levy has over 30 years experience in the Financial Services Industry in management roles included trading and sales of various capital market securities as well as investment banking. Currently, William is a Managing Director for a large global bank in their investment management division. He is a Certified Public Accountant in New York State.

### PHYLLIS G. LEWIN

*DIRECTOR OF THE FOUNDATION*

Phyllis G. Lewin received her Master's Degree in Education with an emphasis in Counseling from the University of Kansas in 1980. She has over 30 years experience in counseling. Her expertise includes counseling children and teens with cancer as well as other varied social, emotional and physical disorders. She received awards including Distinguished Educator, Kansas State Department of Education, 1997, and Rotary, Educator of the Year, Lawrence, Kansas 2006. She chaired several committees within the Lawrence Public Schools. She served as a board member for the Strategic Learning Center in Lawrence, Kansas.

### THOMAS J. LEWIN

*TREASURER OF THE FOUNDATION*

Thomas J. Lewin received his Ph.D. from Northwestern University and has been on the faculty at the University of Kansas since 1975. He teaches courses in qualitative research, interviewing, business history, and technological innovation in the public and private sectors. An instructional specialty centers on the evolution of multinational corporations, the management of their global technology, and the intricacies of privately-owned multigenerational family businesses.

### JACK NEWHOUSE

*DIRECTOR OF THE FOUNDATION*

Jack Newhouse received his Bachelor of Science degree in Economics from Duke University in 2001. He was Captain of the Duke University Swimming Team. He is presently a Partner of Gator Trading Partners, LLC, where he has worked for the past decade. Gator Trading is a proprietary trading firm at the Chicago Mercantile Exchange, whose focus is on trading metals, grains and energy products.

### JOHN NEWHOUSE

*DIRECTOR OF THE FOUNDATION*

John Newhouse received his Bachelor of Science degree in Finance from Indiana University in 1968. He is presently the Chairman of Gator Trading Partners, LLC. Gator Trading is a proprietary trading firm at the Chicago Mercantile Exchange, whose focus is on trading metals, grains and energy products. He was a Director of the Chicago Mercantile Exchange for 16 years. Prior to his financial career, he served in the United States Marine Corps from 1968 until 1972 and obtained the rank of Captain at the end of this period.

### RICHARD K. RAKER, MD

*SECRETARY OF THE FOUNDATION*

Richard K. Raker, MD, received his BA and MD degrees from the University of Michigan. He pursued a pediatric residency at NYU-Bellevue in NYC and a Neonatal Medicine fellowship at Babies Hospital at Columbia University in New York City. Dr Raker organized and directed a level II nursery while working as a Neonatologist at Albert Einstein School of Medicine in NY. He returned to Columbia Presbyterian Medical Center and completed a residency in Anesthesiology.



**Arden Moulton, LMSW**  
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*Thanks to a generous grant from the Lewin Fund, twice a year, current and past participants in the Woman to Woman gynecologic oncology peer to peer support program at Mount Sinai Hospital come together at the 92nd Street Y in NYC to hear speakers on wellness and survivorship.*

*Over 60 survivors of gynecologic cancer and their family and friends attended the last event, "Healing through the Arts". As one participant wrote on her evaluation form: These events not only give me information on how to stay well, helping me to feel some control over my future, they are also a way for me to meet other survivors with a similar diagnosis in a comfortable environment.*

*These events have become an important part of women's psychosocial adjustment to survivorship and would not be possible without the remarkable support of the Lewin Fund.*



**Alyson Moadel-Robblee, Ph.D.**  
**Director, BOLD Program**

Montefiore Einstein Center for  
Cancer Care  
Associate Professor, Epidemiology &  
Population Health  
Albert Einstein College of Medicine  
Bronx, NY

*We are so grateful to the Lewin Fund for supporting our efforts to identify and address the psychosocial needs of underserved teens and young adults who have a mother or grandmother with cancer. Cancer is a disease that affects everyone in the family, yet children and grandchildren of cancer patients often feel very confused and isolated in this experience, and may carry some of the caregiver burden, particularly those from low-income communities such as the Bronx, NY.*

We invite novel laboratory research proposals & clinical investigations pertaining to women's cancers in areas such as

- ✓ Tumor biology
- ✓ Novel molecular targets
- ✓ Companion diagnostics
- ✓ Improvement in quality of life
- ✓ Hereditary cancer genetics

The Lewin Fund's scientific advisors are world-renowned leaders in women's cancer research. They review proposals consistent with the mission and priorities of The Lewin Fund.

**NADEEM ABU-RUSTUM, M.D.**  
*Chief Gynecology Service*

Professor, Weill Cornell Medical College  
Vice Chair Technology, Department of  
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Memorial Sloan Kettering Cancer Center  
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Director, Psychosocial Oncology/BOLD  
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Bronx, New York

בס"ד

# WOMEN'S HEALTH SYMPOSIUM

**SAVE THE DATE,  
IT MAY SAVE  
YOUR LIFE**

*Learn about remarkable  
breakthroughs in early  
detection and treatment*

Join us  
**April 26, 2015 at 7:30PM**  
Shaar Hashomayim,  
Lande Hall

Hosted by Bikur Cholim Ladies  
Association of Montreal

*Featuring*

**Sarkis Meterissian, MD, FRCS, FACS**

Professor of Surgery and Oncology

Director of the Cedars Breast Clinic of the MUHC

**Sharyn N. Lewin, MD, FACS**

Director, Division of Gynecological

Oncology Regional Cancer Center

Holy Name Medical Center



IN MEMORY OF  
LYNN ELTES & YOCHEDV ED ORBACH

לעילוי נש' רבקה בת מרדכי ויוכבד בת יהודה

— SPECIAL EVENT —

# Jewish Women's Health | SYMPOSIUM & BRUNCH

**Sunday, November 16 • 10 a.m. – 1:00 p.m. • A kosher brunch will be served**  
**Holy Name Medical Center Marian Hall**

**FREE; Call 1-877-HOLY-NAME (465-9626) Prompt #5 for more information and to reserve a seat.**

**EVENT SPEAKER**



**SHARYN N. LEWIN, MD, FACS**  
GYNECOLOGIC ONCOLOGIST,  
WOMEN'S HEALTH SPECIALIST

Sharyn N. Lewin, MD, is a board-certified gynecologic oncologist specializing in the diagnosis, treatment and management of ovarian and other gynecologic cancers. She is a national educator on the condition known as hereditary breast and ovarian cancer syndrome, the author of more than 100 publications, and an advocate for quality improvement in female-focused health care.



As women, you devote yourself to taking care of everyone else's health, *but what about you?*

**This is an opportunity to empower yourself with knowledge about important and timely topics pertinent to your own health.** Our panel of experts, led by Dr. Lewin, will discuss overall gynecologic health, issues related to wellness, prevention, and genetics — including Hereditary Breast and Ovarian Cancer (HBOC) syndrome and Lynch syndrome, which is an inherited condition that increases your risk of colon cancer and other cancers. **Free parking.**

**Holy Name Medical Center**

718 Teaneck Road | Teaneck, NJ 07666 | www.HolyName.org | 1-877-HOLY-NAME



## Building Momentum Against Cervical Cancer

-Prevention, screening, and treatment have all improved

last updated  
03.18.2015



~ by Sharyn Lewin MD

<http://www.medpagetoday.com/HematologyOncology/CervicalCancer/50554>

the two most common oncology strains of HPV (16 and 18); a quadrivalent vaccine (Gardasil) that covers HPV 16, 18, 6, and 11; and a nine-valent vaccine (Gardasil 9) that incorporates the same protection as the quadrivalent product plus five additional oncogenic HPV strains -- 31, 33, 45, 52, and 58.

On Dec. 11, 2014, the Food and Drug Administration (FDA) approved the nine-valent HPV vaccine for girls and young women ages 9 to 26 years and boys 9 to 15. Data show that at least 85% to 90% of precancerous cervical lesions result from one of the nine HPV types covered in the vaccine. If vaccination programs are effectively implemented, the majority of cervical precancers and cancers could be prevented.

The CDC has declared HPV vaccination an important public health priority. According to the CDC, vaccination rates are unacceptably low compared with rates for other adolescent vaccines. Furthermore, the CDC estimates that an additional 53,000 cases of cervical cancer could be prevented in girls 12 years and older over their lifetimes by increasing HPV vaccination coverage to 80%. The CDC has also reported that for every year that the HPV vaccination rate does not improve, another 4,400 women will go on to develop cervical cancer.

Leading organizations have urged healthcare providers to recommend HPV vaccination with the same sense of importance used to recommend other adolescent vaccines. Healthy People 2020 vaccination goals of 80% coverage for adolescents (13 to 15 years old) are near or have been met for all recommended vaccines except HPV. If vaccination programs are effectively implemented with the nine-valent vaccine, approximately 90% of invasive cervical cancers cases worldwide could be prevented.

A new study from the CDC shows that two-thirds of cancer survivors remain alive 5 years after diagnosis. Advances in the diagnosis and treatment of cervical cancer have contributed to the improved outlook that cancer patients have today.

Since its introduction more than 50 years ago, routine Pap testing to screen for cervical cancer has reduced deaths from the disease by more than 70%. Effective prevention and improved screening strategies offer the potential to continue to reduce the number of women affected by cervical cancer in the near future.

### Vaccinate Early - A Public Health Priority

Studies indicate the majority of cervical precancers appear to be caused by one of nine types of human papillomavirus (HPV). The U.S. Food and Drug Administration has approved three vaccines against HPV: a bivalent vaccine (Cervarix) that protects against

## Regular Pap Tests, HPV Testing When Indicated

The latest guidelines for the prevention and early detection of cervical cancer -- released in 2012 by the American Cancer Society (ACS), the American Society for Colposcopy and Cervical Pathology (ASCCP), and the American Society for Clinical Pathology (ASCP) -- recommend the following:

- ✓ Women should not be screened with Pap tests before age 21.
- ✓ Women 21 to 29 should be screened with the Pap test alone (conventional or liquid-based) every 3 years. HPV testing should NOT be used for screening in this age group.
- ✓ For women 30 and over, the preferred approach is the Pap test plus HPV testing ("co-testing") every 5 years. Continued screening with the Pap test alone (without HPV testing) every 3 years is an acceptable alternative.
- ✓ Screening is not recommended for women older than 65 who have had at least three consecutive negative Pap tests or at least two negative HPV tests within the last 10 years, with the most recent test in the last 5 years. Women in this age group who have a history of cervical pre-cancer (CIN2 or more severe) should continue routine screening for at least 20 years, even if this extends beyond age 65.
- ✓ Women who have undergone a hysterectomy (with removal of the cervix) for reasons not related to cervical cancer or pre-cancer should no longer be screened.

In January, a working group representing multiple medical organizations released "interim guidance recommendations" regarding the use of the recently approved HPV DNA test. Published simultaneously in three medical journals, the interim guidance -- intended to aid clinical decision making until existing clinical guidelines have been updated -- characterized the HPV DNA test as a reasonable alternative to cytology and to co-testing (cytology plus DNA testing).

Greater access to routine cervical cytology and compliance with screening guidelines is imperative to reduce the incidence of cervical cancer.

## New Treatments

In August 2014, the FDA approved bevacizumab (Avastin) to treat patients with persistent, recurrent or late-stage (metastatic) cervical cancer. Based primarily on results of the Gynecologic Oncology Group (GOG) 240 trial, the approval was for bevacizumab use in combination with paclitaxel plus either cisplatin or topotecan.

The key efficacy assessment in GOG 240 demonstrated a statistically significant improvement in overall survival in patients who received bevacizumab and chemotherapy compared with those who received chemotherapy alone (HR=0.74; 95% CI 0.58-0.94, P=0.013). The median survival of patients who received bevacizumab and chemotherapy was 16.8 months (95% CI 14.1-19), compared with 12.9 months (95% CI 10.9-15) for those who received chemotherapy alone.

The key to decreasing cervical cancer worldwide is screening and early vaccination. Novel treatment strategies will help cure and extend life for those women affected by the disease.

Lewin is director of gynecologic oncology at the Regional Cancer Center of Holy Name Medical Center in Teaneck, N.J. She also is a clinical faculty member at the Icahn School of Medicine at Mount Sinai in New York City.

Lewin disclosed no relevant relationships with industry.

## New York-Presbyterian Hospital surgeon on mission to help low-income women

BY Heidi Evans  
DAILY NEWS STAFF WRITER  
Sunday, October 2, 2011, 3:05 PM

<http://www.nydailynews.com/new-york/new-york-presbyterian-hospital-surgeon-mission-low-income-women-article-1.961041>



Cancer patient Cindy Martin (l.) of Washington Heights got first-rate care and has been in remission thanks to the efforts of Dr. Sharyn Lewin of New York-Presbyterian Hospital.

When Cindy Martin opened her eyes after surgery for what her doctor hoped was just an ovarian cyst, she got the news every woman dreads. It was cancer.

"Am I gonna die?" the shaken home attendant from Washington Heights asked.

Martin's surgeon, New York-Presbyterian's Dr. Sharyn Lewin, reassured her patient.

"You're going to live a nice long life. It looks like we got it all in time."

Martin, 48, is among dozens of low-income Hispanic women who are able to get world-class medical care because of the northern Manhattan neighborhood they live in.

And particularly because of the caring of Lewin, a young, crackerjack surgeon who is on a mission to save women's lives - including those who have little or no access to medical care.

"Our patients from Washington Heights are just so grateful. It's very rewarding taking care of them," said Lewin, who sees about 10 new gynecological cancers a week in women from around the New York metro area.

Lewin's arrival at the W. 165thSt. hospital is like a homecoming for the Kansas native.

Born to New York parents and a long line of physicians, Lewin was most inspired at a young age by her pioneering grandmother, Dr. Gerda Bruno.

Bruno immigrated to New York in 1934 from Germany, and set up a private gynecology practice in Washington Heights - unheard of for a woman in her day. She also worked part-time at the Margaret Sanger clinic helping women with birth control, something her male colleagues looked down upon.

"She was a huge influence on me," said Lewin, who is also a rare breed in the male-dominated surgical specialty. "I wanted to be a physician since second or third grade. And my earliest memories were of my grandmother talking to me about being a woman doctor and how it is to take care of women.

"Everything comes 360," she added. "So now I am back in New York practicing in Washington Heights. Isn't that funny?"

Lewin, 36, joined the gynecologic oncology division at Columbia University in 2009 after completing a fellowship at Memorial Sloan-Kettering Cancer Center. Last year she won the coveted "Physician of the Year" Award from the hospital.

She sees about 50 patients a week, about 40% of whom are from

the Heights. Lewin's ovarian cancer patients typically undergo 18 treatments of chemotherapy - targeted directly into the belly - over a four-month period after surgery.

"I feel good, thank God," said Martin, who has been in remission since 2009. "I get scared it can come back. But at least I know Dr. Lewin is here for me."

Lewin, who works with two male colleagues in the gynecological oncology department, is also starting up a pilot program next month called "Woman to Woman."

The program, modeled after one that has been operating for eight years at Mount Sinai Hospital, and funded primarily by the Ovarian Cancer Research Fund, will help newly diagnosed patients navigate the social and emotional turmoil that cancer visits upon them, their families and partners. Women will have access to a trained social worker and be matched up with a survivor for support.

"We have a war on cancer, but we have to broaden that from the operating room and chemotherapy to incorporate women's emotional needs to help them survive," said Lewin.

### What to look out for to head off ovarian cancer

About 25,000 women in the U.S are diagnosed each year, and approximately 14,000 die from ovarian cancer.

Talk to your doctor about screening if you have a strong family history of ovarian or breast cancer or the genetic mutation known as BRCA 1 or 2.

#### Signs and symptoms:

- ✓ Prolonged bloating (more than 2 weeks)
- ✓ Feeling full while eating
- ✓ Vaginal bleeding or discharge that is not normal for you
- ✓ Pain or pressure in the pelvic or abdominal area
- ✓ Back pain
- ✓ A change in bathroom habits - more frequent or urgent urination, constipation or diarrhea

*BY Heidi Evans*

*DAILY NEWS STAFF WRITER*

*Sunday, October 2, 2011, 3:05 PM*

*<http://www.nydailynews.com/new-york/new-york-presbyterian-hospital-surgeon-mission-low-income-women-article-1.961041>*

## Dr. Sharyn N. Lewin: Gynecological Cancer Warrior, Advocate For Women's Health Issues

November 13, 2013 by WYSK

<http://www.womenyoushouldknow.net/dr-sharyn-n-lewin-gynecological-cancer-warrior-advocate-for-womens-health-issues/>



Meet Dr. Sharyn N. Lewin, a Woman You Should Know who takes the concept of women helping women to a truly extraordinary level. As a board certified gynecological oncologist and surgeon, she cares for women with ovarian, endometrial, uterine, cervical, vulvar and vaginal cancers.

Born in Kansas to New York parents, Sharyn moved to Manhattan's NewYork-Presbyterian/Columbia University Medical Center in 2009, a few blocks away from where her grandmother, an OB GYN, practiced in the 40's and 50's.

As early as the second and third grades, her pioneering grandmother would tell Sharyn about how she emigrated to the United States from Germany in 1935 as a young physician. Once here, she opened a gynecology office in Washington Heights, NY. It was challenging, difficult, and exciting to be a woman doctor, helping women with birth control, and practicing at the Margaret Sanger Clinic when her male colleagues looked down on her and her medical care.

It was this influential and inspirational legacy, coupled with a phone call Sharyn received as a first year intern that set her on

her ultimate career path. The call was from a patient, a woman with a gynecologic cancer. She shared that story when she received the annual Gilda's Club It's Always Something award in 2013 saying, "These incredible women really inspired me to the core. I had never met such a kind, courageous, caring group of women, who maintained these attributes while battling cancer. I was driven to join their fight in the war against cancer. This is why I wanted to be a gynecologist."

Upon completing the prestigious Memorial Sloan Kettering Cancer Center Gynecologic Oncology Fellowship, Dr. Lewin was appointed Assistant Clinical Professor of Obstetrics and Gynecology in the Division of Gynecologic Oncology at NYP/CUMC.

She is regarded as a national educator on Hereditary Breast and Ovarian Cancer Syndrome (HBOC) and is an expert in the state-of-the-art treatment for advanced ovarian cancer. Dr. Lewin lectures nationally and internationally and has won numerous teaching and research awards, including the prestigious Society of Gynecologic Oncology (SGO) President's Award. She has authored dozens of articles and textbook chapters and is a board member of Gilda's Club-NYC, Susan G. Komen for the Cure and Teal-Walk.

Sharyn is most proud of the Woman to Woman program she started in 2011 and medically directs at NYP/CUMC. Woman to Woman is the signature patient support program of the Ovarian Cancer Research Fund. Women, their families and partners receive one-to-one emotional support by trained volunteers while undergoing treatment for gynecologic cancer.

Dr. Lewin recalls that when she was discussing her choice to pursue gyn oncology, her family spoke with a close friend with ovarian cancer. She told her family, "Please ask her what she thinks of her gynecologic oncologist." As it turned out, that woman's physician meant everything to her. In response, Sharyn said, "I want to be that person."

And today she most certainly is.

November 13, 2013 by WYSK  
<http://www.womenyoushouldknow.net/dr-sharyn-n-lewin-gynecological-cancer-warrior-advocate-for-womens-health-issues/>

At The Lewin Fund, we know that when a woman has cancer, it affects everyone in her world. Though our mission focuses on women's cancers, cancer is not just a woman's issue. It involves families, partners and friends.

### **Matching Gifts Program**

Double the power of your donation through a matching gift. Many companies offer matching gift programs. If your company has a matching gift program, please obtain a form and include it with your tax-deductible donation to The Lewin Fund to Fight Women's Cancers

Donate online at [thelewinfund.org](http://thelewinfund.org) or by email at the address below

### **Planned Gifts**

Leave a legacy with a planned gift - include The Lewin Fund to Fight Women's Cancers in your will. Consult your estate planning representative, tax advisor or attorney for information on how you can establish a planned gift to benefit The Lewin Fund

to Fight Women's Cancers . Your generosity enables the Foundation to continue its important work for generations to come.

### **Gifts of Stock or Securities**

Gifts of appreciated stock or mutual funds are another great way to pledge your support to The Lewin Fund to Fight Women's Cancers. You get an income tax deduction for the full fair market value of securities you have owned for more than one year, subject to usual limitations, and capital gains tax can be completely avoided on these assets.

The Lewin Fund to Fight Women's Cancers, Inc.

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